

<<SUBJECT1>> What Happened To My Body, {!firstname}...

Hey {!firstname},

If you're like me then you've probably said: "what happened to my body"... "I used to be in such good shape".

You've probably wondered if it's even POSSIBLE to have six pack abs anymore.

I know for a FACT it is. And I found an incredible resource for us that proves that with a bit of dedication and planning, it's even easier and faster than you think...

<<LINK HERE>>

If you are looking to take your training to the next level, and build MASSES of lean, strong, healthy muscle, then you can't afford to be without this powerful guide for another minute.

In the explosive new guide to top-level muscle building R.I.P.P.E.D, you'll discover:

- * How to make sure you lift the maximum your muscles can handle at that present time and getting the peak results out of every single rep, set and entire workout without getting negative results (over-training)....

- * The 2 main reasons everyone's muscles grow at different rates, and how to jump-start YOURS...

- * How to resist unhealthy expectations while still maintaining quality workout regimes and goals...

- * The difference between Fast-twitch and Slow-twitch muscle groups, and why each needs to be worked VERY differently for maximum results...

And hundreds more- an incredibly complete set of tools for your body that no weight trainer should be without- even if you haven't started training yet!

Think of it as a performance manual for your body...

I mean, your body deserves at LEAST as much care and thought as you give your car, right ;-)

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT2>> But I Want It Right Now, {!firstname}!

Hey {!firstname},

Yeah, everyone wants it yesterday, right? No matter WHAT "It" is...

The beautiful thing about the insane muscle building guide R.I.P.P.E.D is that fast CAN be a reality...

<<LINK HERE>>

Here's the deal: quick fixes are almost NEVER good fixes, and will usually unravel just as quickly as they were made.

But when you start training with R.I.P.P.E.D. you will discover that this Top Bodybuilding Pro recommends that you keep the workout time on specific muscle groups to only 30 - 45 minutes!

Hey- even I can handle that ;-)

Written in simple, easy to follow steps by Pro Bodybuilder Steve Gwillim- winner of numerous awards for his incredibly strong, lean muscle physique, R.I.P.P.E.D is a rich guide to maxing out your workouts and blowing your muscle gains out of the stratosphere.

In The Seven Pillars Of R.I.P.P.E.D you'll discover other powerful advice and steps to take in your workouts, things like:

- * How to set realistic, healthy training goals and expectations...

- * Why some people have psychological barriers to taking short efficient workout sessions but why this is an absolute must for quick muscle growth and not over-training/getting negative results. ...

- * Why if you are working out with a friend/partner you should --never-- add a third wheel to your workouts because it will screw up your whole training efficiency....

- * And hundreds more tips, tricks, and exercises that will explode your workouts and gains, and put you on the Fast-Track to the body of your dreams!

From dealing with plateaus, to the proper supplements to utilize, it's all laid out for you in simple, easy to understand terms- a power-packed "User's Guide" for your muscle building goals.

But it won't work for you if you don't take the next step, and actually get it and READ it...

Do It Now. You're not going to get R.I.P.P.E.D by accident, you know...

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT3>> Your Warm-Up Is Your Best Friend, {!firstname}...

Hey {!firstname},

Were you aware that an amazingly huge percentage of people who train don't do their warm-up sets correctly, do them too much, or just flat-out don't do them at all?

The problem is, they simply have not been given the right information. The thing is you only have to warm-up each particular muscle group ONCE in every session...

<<LINK HERE>>

Why would you waste what could be a productive set warming up your muscle group for a second time? This usually happens when you move to a new exercise and it seems like the right thing to do. But- it's a complete waste!

It's one of those things that seem like common sense at first- but after you are given the correct information- and doing it the R.I.P.P.E.D way- you look back and realize how badly you were screwing yourself out of your gains by actually fatiguing your muscles before they ever had a CHANCE to grow!

And therein lies the True Power of the R.I.P.P.E.D Muscle Building System.

<<LINK HERE>>

Written by a Pro Bodybuilder and winner of numerous awards for his fantastically strong, lean muscle physique, R.I.P.P.E.D is an incredibly complete guide to maxing out your workouts and blowing your gains out of this world.

In this powerful guide to incredibly fast and effective muscle gain you will discover some hidden secrets and workout regimens that are designed to get you pumped to the max in minimum time.

You will unleash powerful gains when you begin implementing the explosive 7 Pillars of R.I.P.P.E.D:

- * From basics like warming up correctly....
- * To beginner through advanced/pro use of supplements...
- * To working out with partners and fine-tuning your intensity...
- * To working through "plateaus" without resorting to dangerous performance enhancing substances...

There are WAY too many to list here- you have to see this insane muscle building "bible" for yourself.

So don't delay- get your copy today, and at a special, limited price, and get yourself on the fast-track to an incredible physique, and massive lean muscle gains.

It's not going to happen unless YOU make it happen!

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT4>> {!firstname}, Progression Is Critical...

Hey {!firstname},

When we were babies...

We learned to walk in stages, right?

I mean, no one just gets up and starts two-stepping around the room as a toddler, at least I didn't...

And that's exactly how you need to structure your weight training plan too!

<<LINK HERE>>

In the explosive new guide to top-level muscle building R.I.P.P.E.D, you'll discover powerful, hidden secrets to muscle building that you will never find out on your own, things like:

- * Why exercise rotation and maintaining correct form is so critical to your success...

- * How having correct speed of motion and breathing right will explode your efficiency and force max gains in the least amount of time...

- * Why you should only train each muscle group every 5-7 days, no more...

- * And dozens of other incredibly effective topics that will give you the power to pull back the curtain on what really works and gain the maximum efficiency from your workouts in much less time than you may have been told.

Written in simple, easy to follow steps by Pro Bodybuilder Steve Gwillim- winner of numerous awards for his incredibly strong, lean muscle physique, R.I.P.P.E.D is a rich guide to maxing out your workouts and blowing your muscle gains out of the stratosphere.

But you can't do anything unless you get started.

It's entirely up to YOU to take action to discover this hidden and explosive information, and the **only** way to do that is by securing your copy of R.I.P.P.E.D Right Now.

Let's Get It On...

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT5>> They Say Do This, Do That, {!firstname}...

...But Never Really Get To The Point!

Hey {!firstname},

There are a lot of Muscle training programs out there. Most of them just say do this, do that. They may tell you what to do, but they have no real explanations about how the program works.

They don't help you understand the science or the effect that training has on the body- and THAT'S a real problem...

Here's the solution:

<<LINK HERE>>

Written in simple, easy to follow steps by Pro Bodybuilder Steve Gwillim- winner of numerous awards for his incredibly strong, lean muscle physique, R.I.P.P.E.D is a rich guide to maxing out your workouts and blowing your muscle gains out of the stratosphere.

It doesn't matter if your goal is to put on 5 pounds of muscle, to become a lean muscle-building machine or to have a physique like the pro bodybuilders.

The concepts, fundamentals and principles of the 7 "Pillars" of R.I.P.P.E.D. work for everyone, even if you are not the most genetically gifted person out there.

In The Seven Pillars Of R.I.P.P.E.D you'll discover powerful advice and steps to take in your workouts, things like:

- * How to eliminate the learning curve that 95% of people training today never overcome....

- * The only proper way to warm-up your muscle groups at the start of your sessions...

- * Why your first rep of every set should be an explosive and extremely intense rep....

- * And dozens of other incredibly effective topics that will give you the power to pull back the curtain on what really works and gain the maximum efficiency from your workouts in much less time than you may have been told.

These powerful strategies for building whopping lean muscle gains are not to be ignored- but you can't benefit from them unless you read and act on them.

I urge you to do that today!

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT6>> The Clock Is Ticking, {!firstname}...

Hey {!firstname},

I have been telling you about Steve Gwillim's powerful guide to building a rock-hard showpiece of lean muscle called R.I.P.P.E.D...

Have you had a chance to check it out?

<<LINK HERE>>

If I were you, I wouldn't wait another second!

See, if you are at all serious about getting the body of your dreams, one thing is absolutely certain...

Your ripped physique and six-pack abs are NOT gonna just magically appear, no matter how hard you wish them to...

No, you are actually going to have to Take Action (sorry).

<<LINK HERE>>

Written in simple, easy to follow steps by Pro Bodybuilder Steve Gwillim- winner of numerous awards for his incredibly strong, lean muscle physique, R.I.P.P.E.D is a rich guide to maxing out your workouts and blowing your muscle gains out of the stratosphere.

In The Seven Pillars Of R.I.P.P.E.D you'll discover incredibly powerful yet simple advice and steps to take in your workouts, things like:

* Why doing more than what your muscle fibers can re-build before your next session causes negative results- and you will lose strength and size in your muscles. ...

* Why an amazingly huge percentage of people who train don't do their warm-up sets correctly, do them too much, or just flat out don't do them at all, and how to solve this in YOUR workout...

* Why muscle fibers grow *after* you are done overloading them in the gym...

* What supplements you should take, and exactly WHEN to maximize their efficiency and your gains...

* How to break through your plateaus WITHOUT resorting to dangerous and illegal methods like steroids while still getting the same results and speed...

* Exact and diabolical diets plans that not only taste GREAT, but explode your gains...

* And hundreds more great, real-world examples and tools to push your workouts into professional results without having them take over your life!

Are you ready for that kind of Power?

Get Going.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT7>> Wake Up, {!firstname}...

Hey {!firstname},

Did you know that if you sleep more than 10 hours, you are not doing your muscles any favors, and you are wasting your time as well?

It's a fact- too much sleep can actually be detrimental to your muscles, but not enough is even WORSE...

Luckily we can discover easily the exact amount of rest you should be getting each night to max out our muscle gains and explode our workouts!

<<LINK HERE>>

Listen, we've been discussing this for weeks now, but I can't recommend this incredible guide strongly enough. If you are still on the fence here, you are missing out on some incredibly fast and easy, "low-hanging" muscle gains...

Written by Steve Gwillim- winner of numerous awards for his fantastically strong, lean muscle physique, R.I.P.P.E.D is an incredibly complete guide to maxing out your workouts and blowing your gains out of this world.

In this powerful guide to *smoking fast* and effective muscle gain you will discover some hidden secrets and workout regimens that are designed to get you pumped to the max in minimum time.

Here's a *freebie*...

Take 1 solid restful week off from training every 8-10 weeks.

What? Why would I do that??

I know, I know...Most people have a psychological barrier in their minds against taking a week off from training.

They think they will become weaker, or their muscles will shrink...

Nonsense! This is a bodybuilding myth- complete trash!

The fact of the matter is that after you take that solid restful week off your muscles will come back *larger and stronger*.

But there's a CATCH ;-)

Find out exactly how you need to structure your "vacation", and dozens and dozens of other incredibly useful and relevant topics for exploding your workouts...

Do It Today.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT8>> Destroy Your Muscles, {!firstname}?...

Hey {!firstname},

Weird statement, "Destroy Your Muscles", right?

Wrong.

That's the first goal of ANY high-intensity bodybuilding regimen...

<<LINK HERE>>

When you are training your goal is to destroy as much muscle as possible in a certain time-frame without getting negative results...

And then allowing your muscles to come back stronger, better and bigger before your next workout.

When you have the powerful secrets contained in Steve Gwillim's R.I.P.P.E.D, you will discover exactly why this technique is critical to your muscle gain.

<<LINK HERE>>

And the way to achieve this is...

INTENSITY.

Intensity is what separates the "wannabe" from the "gonnabe". Your muscles are not going to grow unless your program forces them to.

See, there is no such thing as a light workout. Do you want to reach your goal or not?

But here's another truth: That doesn't mean you have to lift HEAVY weights either!

In fact, choosing weights that are too heavy for you can lead to sloppy form, poor isolation and even injury.

You don't have to lift heavy weights to get big.

You just have to lift correctly- with proper Form, and with the proper INTENSITY.

And that's what the Seven Pillars Of R.I.P.P.E.D are all about. Focus and Intensity.

Are you serious about fast-tracking your lean muscle gains?

Then get going.

Take the step to power up your workouts and put yourself on the path to the body and fitness you promised yourself.

I did it...and YOU can too.

Just Do It.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT9>> It's An OLD Cliche, {!firstname}...

Hey {!firstname},

"Less Is More".

I'm sure you have heard THAT old chestnut, right?

Well, Steve Gwillim, Pro Bodybuilder and Author of the insanely effective guide to explosive lean muscle building has his own version:

"Less is only more when you have Maximum Intensity, sharp mental focus and 100% R.I.P.P.E.D. efficiency!"

<<LINK HERE>>

See, the technique is you want to select a weight that makes you fail at the desired amount of reps while keeping your intensity levels at a *maximum* during your entire session.

If you are ready to discover how to:

* Focus on every single pump and your execution of the movements so you can stimulate, isolate and then destroy...

* Structure your diet and rest periods to maximize gains and Rebuild...

* Resist unhealthy expectations while still maintaining high intensities and max gains...

* Streamline your workouts into just minutes a day while still getting insane results...

* And hundreds of other incredibly effective muscle building lessons guaranteed to supercharge your workouts if you will just put them into action...

Then there's not another minute to waste.

Secure your copy of R.I.P.P.E.D. Right Now, and get on your way to the incredible body you want and deserve!

Take Action Today.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT10>> Max Intensity = Max Focus, {!firstname}...

Hey {!firstname},

I'm a little ashamed of you, my friend...

I have been telling you about Steve Gwillim's powerful guide to building a rock-hard showpiece body of lean muscle called R.I.P.P.E.D...

But I see from my records that you haven't gotten with the program yet.

<<LINK HERE>>

I gotta ask you this...

Are you happy with your body? With the way you look?

I mean really, truly happy?

If the answer is no, and I know it was for me, then there's a problem.

And the worst thing you can do is hide your head in the sand and wish for something to just happen to make it better.

You have to take action, and you need the TOOLS.

<<LINK HERE>>

Written in simple, easy to follow steps by Pro Bodybuilder Steve Gwillim- winner of numerous awards for his incredibly strong, lean muscle physique, R.I.P.P.E.D is a rich guide to maxing out your workouts and blowing your muscle gains out of the stratosphere.

But YOU have to decide. Are you going to stick your head in the sand and hope your muscles just grow? I assure you, they WON'T.

Or will you take action to better your looks and your fitness health?

I'll show you how to get all the Power-Tools you need to develop a KILLER body and mind set...

But you have to decide to take action.

Do It Today.

Discover what hundreds of other successful bodybuilders already know, and get with the program.

Get R.I.P.P.E.D.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT1>> So You Want To Fly, {!firstname_fix}?

You're receiving this email because you registered for more information about improving your vertical jump...

You'll be amazed at just how easy that really can be, but there's definitely a process you need to follow, and I've uncovered an incredible resource that will allow you to do just that...

<<LINK HERE>>

So, {!firstname_fix}, If you want to fly, you've got three options:

- 1) Buy a plane ticket...
- 2) Sprout feathers and wings...
- 3) Improve your vertical jump!

Now taking an airplane trip is nice and all, but that's not what we are talking about.

And growing wings? Ain't gonna happen...

So that leaves our primary goal here: Training your body to jump higher and more powerfully than ever before.

A strong and graceful vertical jump is at the core of many of the most beautiful and effective movements that a human being can make- just think Kobe Bryant going to the hoop, and you'll see what I mean...

And I've just been blown away by a powerful new guide to making that happen for ourselves, and faster than you would have dreamed possible.

Want to cut to the chase and get the scoop on what I've uncovered right now?

You can unlock the secrets to jumping higher and stronger with grace and style immediately -- you just need to take that first step today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT2>> What's the secret, {!firstname_fix}...

Hey {!firstname_fix},

The other day I shared a tip on a powerful new guide I discovered for exponentially improving your vertical jumping strengths, and one of the things I found out was we are all in the same boat here...

What I mean is, getting started, and with quality info, NOT gimmicks or wishful thinking is the biggest problem for most of us!

Luckily for us, Kelly lays it all BARE in the explosive guide The Vertical Jump Bible.

Kelly was prompted to write VJB out of anger- anger at the charlatans and tricksters that abound in the athletic performance training industry...

And the material he's assembled is nothing short of explosive!

To cut through the confusion, and discover critical information like:

What program works the best? Should I be doing Plyometrics? Isometrics? Calf Raises?

What about shoes? Should I get special ones? How about special pills and supplements?

What's the "magic bullet"?

In VJB, you'll discover all that and more- and over the next few days I will share a number of these powerful technoques to maxing out your Verts and air time- but I can't do it all in a few tiny e-mails, so...

To REALLY get your head around these valuable lessons, and discover hundreds more valuable tips and techniques to max out your vertical performance on the court or on the field, you must grab your copy of Kelly's incredible guide, 5 Bucks A Day today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT3>> What Makes {!firstname_fix} Fail?

Hey {!firstname_fix},

We've been talking about Goals and Habits recently, and today I want to flesh this out and delve a bit deeper into why these two things are SO important to your business success...

Remember, the two most important controlling influences in your life are your GOALS and your HABITS.

In the powerful 5 bucks a day guide, Dennis Becker is going to ask you to do some simple things that will be different than you're maybe used to...

Not difficult at all, just perhaps a different way of thinking about things, perhaps a little difficult in the beginning to resist doing things you've gotten used to doing first thing in the morning, but it's important to form a new habit or two.

Remember, if you keep on doing the things you've been doing, you'll keep on getting the things you've been getting.

Have you been getting good results? If so, maybe you don't need any help. But if you want to change and improve your results, you will need to make a few NEW habits, along with setting a goal or two.

What I want to stress to you is that reading these emails, and Dennis's powerful report, and just saying "ah-ha, good idea, I'll try that tomorrow" will only partly fulfill the objective...

Until you've set a goal, and you're making a *habit* of doing the action steps that we'll cover later, you won't get the results you need or deserve.

So to summarize: Once you set a goal, you need to make a HABIT of taking steps towards the achievement of that goal.

Then, once you find something that works, all you need to do is do it again, and again, and again, or like Dennis loves to say: Lather, Rinse, and Repeat!

But you've gotta make success a HABIT.

Once you have the inside secrets of Dennis's 5 Bucks A Day in your arsenal, that will become second nature to you.

I strongly urge you to grab your copy, available by instant download here:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT4>> What's Your Number, {!firstname_fix}?

Hey {!firstname_fix},

Today I want to discuss another one of the powerful techniques I've learned from the phenomenal guide 5 bucks a day...

It's plain in hindsight, but when I saw this it was a real "Aha" moment for me - here's how Dennis tells it:

Before proceeding with making my list of projects, I tried to define in my mind what guidelines I should use to find and choose a project to concentrate (focus) on.

Then something else hit me. In the past, I had tried to go for home runs with everything I did.

If I didn't get a home run, I thought of it as a failure, a waste of time, and went on to something else. In fact, when I didn't get the home run in the first at-bat, I got discouraged and tried to find another game to play.

I should have realized far sooner that nobody can hit a home run every time (or score a touchdown or a goal, depending on your sport of preference), it's just as true in internet marketing as it is in sports.

What I determined, in addition to becoming more focused, was to be less choosy about my projects.

I made a very crucial decision: No longer would I care if something would be a home run. No longer would I care if a project would make me a thousand dollars overnight like the gurus all said they could do by sending a single email.

In fact, I started to think that an overnight thousand dollars wouldn't be good enough, certainly if I couldn't do it on demand.

If I could only make a thousand dollars occasionally, even if once a month, that wouldn't even pay the mortgage, much less the rest of the bills.

Then it clicked. Ah ha! If I couldn't figure out how to make a quick thousand dollars, what number could I figure out how to obtain?

My magic number: Five dollars.

To find out how to find out what YOUR number should be (and dozens more powerful strategies), simply grab your copy of the phenomenal 5 Bucks A Day today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT5>> Set yourself up to succeed, {!firstname_fix}!

Hey {!firstname_fix},

We've been discussing the phenomenal 5 bucks a day strategy from Dennis Becker, {!firstname_fix}- have you grabbed your copy yet? <<LINK HERE>>

Dennis recommends (and I agree) that the best way to organize yourself and get started on your path to riches is with a simple notebook and pencil!

After making that "AHA" decision to focus on smaller, easily duplicated projects instead of swinging for the fences everytime, you need to sit down and start a project list.

The thing to do, is sit down with your notebook and pencil, and ask yourself "What projects could conceivably make me a profit of \$5.00 per day?"

These could be anything at all...For instance, what's your hobby? Your passion?

Do you garden? Love model trains? What's your "thing"?

Write down anything that could conceivably make you \$5 a day, be it from affiliate sales or whatever.

You'll be amazed at the length of the list you can come up with!

Now, it's time to dig into the list and see where we can refine it into a plan of action...

For more information on getting your plan together and other inside secrets to this incredibly simple yet powerful strategy to freedom, you need to grab your copy of 5 Bucks A Day right now:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT6>> Manage your time correctly, {!firstname_fix}...

Hey {!firstname_fix},

One of the most powerful things I've learned from the sensational 5 Bucks A Day guide from Dennis Becker is his secrets to time management, and I bet you could use a few tips yourself!

When starting your project list, One obvious question concerns how much time you have to devote to your \$5 projects.

If you have a full time J.O.B., you might not have that luxury, and might have to confine your project work activities to evenings and weekends. If so, you might have to compromise.

How much time do you have? We all start with 24 hours in a day. We have to sleep some of that. We have to spend time with our families. Most of us have to work on other things.

How many hours are left? How can you maximize the hours you devote to your projects? Can you give up some television?

Can you go to bed later, wake up earlier? Can you do something more efficiently?

Can you have someone else do some tasks that are monopolizing your time and don't require your personal attention?

Once you're devoting all the time you have available to these \$5 projects, you might still find that you don't have time to complete one in a week, especially if you have a full time job and family responsibilities.

If that's the case, that's fine. Do one every 2 weeks if necessary. Or one every month. Or outsource some of the tasks in the project (maybe your spouse can help you some way).

The key is to set a \$5 goal and work on those short term projects.

Those and many, many more incredibly valuable tips are revealed for you in the sensational 5 Bucks A Day course. If you're ready to jumpstart your income and discover how to manage your time like a machine, then you MUST grab this for yourself today, as in right NOW:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT7>> Failure is your friend, {!firstname_fix}!

Hey {!firstname_fix},

One of the most powerful things you can learn as a marketer is not something you would ever dream of as a criteria for success...

The most essential thing necessary for success as a marketer is to learn how to FAIL.

That's right, I said fail! Here's what I mean:

You will NEVER hit a home run every time you step up to the plate, right? In fact, the BEST hitters in pro baseball FAIL as much as 70% of the time!

The trick is to know when to quit.

As my mentor Dennis Becker says in the powerful 5 Bucks A Day: "Fail Fast".

If what you're doing isn't working, cut your losses, and get on to something ELSE! Don't keep struggling with a loser...

Fail Fast...and Fail Often. Because if you DO, the winners will come, and there will be PLENTY of them, if you have the powerful secrets Dennis imparts in 5 Bucks A Day.

If you're ready to become an unbeatable marketing force, and discover more of these incredibly cool tricks then...

Grab your copy of the powerful 5 Bucks A Day Course today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT8>> {!firstname_fix}, do you get distracted?

Hey {!firstname_fix},

So far in this series we've talked a lot about making lists and focusing- but if you're like me you're still going to come up against the problem of distraction...

In the beginning, it might be difficult to adapt to the 5 Bucks strategy. You may find yourself going half days, even full days, without accomplishing anything.

For example, maybe you come in on Monday with a stack of paperwork piled on your desk left over from last week.

There might be phone messages left on the machine. There might be merchandise orders (the daily J.O.B., remember) that have problems that have to be looked at...

Maybe you're out of stock on a particular item, and you have to inform the customer, and make a call to your vendor to get more on the way.

Or perhaps the family is agitating for more attention from you? Believe me, I know...

A thousand things can distract you from sitting down and doing what you really want to do, because you have the habit of doing it, which is...

Update your list and select your 5 bucks project for the week on Monday, and focus on the selected task all week until it's complete.

That IS your habit, right {!firstname_fix}?

If not, it needs to be, and there are potent ways to cut through the distractions and manage your time more effectively...

That you can discover immediately by grabbing your copy of the incredible 5 Bucks A Day Course today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT9>> The power of opportunity, {!firstname_fix}?

Hey {!firstname_fix},

We've been talking at length about some pretty powerful business building secrets to be found in the incredible guide "5 Bucks A Day".

Have you gotten your copy yet? <<LINK HERE>>

Since we started this series, I've been asked the same question several times, so I thought I'd answer that now...

"Which project should I work on first?"

Well, the best way is to start at the top of your project list, and organize them into the order in which you think will be most effective at that point in time.

For example, if it's around Christmas, that's an "opportunity"...A simple bit of keyword research will reveal exactly what people are searching for, and help you unearth the items most likely to earn you your quick 5 Bucks A Day!

Or is Summer right around the corner? What if "Pool Equioment" is one of the action items on your list?

Do you see where I'm going with this? Look for the "opportunity" that exists, and your list will organize itself!

We've just scratched the surface of the powerful techniques to training your mind and building your fortune that are available to you.

To get all of the insider methods that most marketers will NEVER share with you, you need to grab your copy of the fabulous 5 Bucks A Day today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT10>> Did you get 5 Bucks A Day yet {!firstname_fix}?

Hey {!firstname_fix},

I'm writing to ask you a VERY important question.

Have you picked up your copy of the incredible guide 5 Bucks A Day yet?

<<LINK HERE>>

Over the past couple of weeks I have been giving you some insider insight to a small fraction of what you will discover in this powerful course.

The truth is that if you want to become wildly successful as a marketer or in sales of ANY kind, then you need the powerful secrets in this guide.

You see, the creator of this program, Dennis Becker, a hugely successful Internet Marketer, is sharing information... coveted secrets of online success that NOBODY else will share with you.

The bottom line here is this:

If you wish to keep on doing the same old things...having the same failures, buying the same old nonsense and cluttering your hard drive further, then don't grab 5 Bucks A Day.

BUT -- if you wish to cut through the BS and finally discover the secrets to controlling your own mind, and unearth POWERFUL wealth building techniques, then you NEED to grab this for yourself today -- not tomorrow -- today.

<<LINK HERE>>

<<SIGNATURE>>

SUBJECT 1: I don't mean to frighten you, {!firstname}...

Hey {!firstname},

Every single day in this world we live in, our bodies make an incredible attempt to cope with an ugly onslaught of toxins, things like:

- * Food Preservatives...
- * Auto Exhausts...
- * Industrial Wastes...
- * Even Vapors From The Very Carpets In Your Family Room!

Trouble is, the cleansing systems of your body...Your Liver, Lungs, Blood, and Sweat...Can only do so much.

And the world we live in is Overwhelming those systems.

But this isn't meant to be a "scary" message.

Oh no- FAR from it.

This is a message of HOPE. <<LINK HERE>>

See, there IS a solution. One that will pick up the slack, and give your body the extra resources it needs to fight off these invaders.

But the time to start is NOW, and over the next couple of weeks, I'm going to show you just how to...

Take back your body from the poisons.

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - There's also a link between these toxins and weight loss that you need to be aware of before starting a diet or exercise program...(more on this later!)

PPS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks. <<LINK HERE>>

SUBJECT 2: Don't put it BACK, {!firstname}...

Hey {!firstname},

George DeJohn here with that info I promised you about the link between dieting and your body's toxin buildup...

You see, many of the toxins we absorb are stored in our fat cells, specifically: the fat cells around our major Organs.

And when you diet or exercise to try and lose weight, you usually burn the fat cells around your organs first- which releases these toxins back into your body.

That's a problem...Releasing these toxins back into your blood results in a major disruption to your metabolism and vitality, and forces your body to focus all it's energy on getting rid of the invaders...

NOT on losing weight. <<LINK HERE>>

The solution? Remove the TOXINS. Before you start your workout or diet plan!

And here's the kicker: By doing a full-body De-Tox...

You WILL be starting. Because removing the bad stuff will naturally raise your metabolism, energy, and vitality.

And you will start feeling better, and burning fat- automatically.

Pretty cool, eh?

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks. <<LINK HERE>>

SUBJECT 3: You Have My Word, {!firstname}...

Hey {!firstname},

George DeJohn again, and today I want to tell you a little more about my incredible 21 day Full-Body De-Tox program...

<<LINK HERE>>

In the last few days, we've agreed that it's critical to get rid of the poisons that modern eating habits and our environment introduce into our bodies, right?

Well, if you are ready to live free of fatigue...

Free of unhealthy food cravings...

Free of chronic aches and pains...

Free of sleepless nights, and dragging days...

Then you are READY for this sensational program.

My 21 day Full-Body De-Tox will give you all that and much more- I Personally Guarantee that.

Read more on my incredible offer and promise to you here:

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks. <<LINK HERE>>

SUBJECT 4: What's missing here, {!firstname}...

Hey {!firstname},

George DeJohn here...

By now I hope you've had a chance to take a closer look at my powerful program to De-Toxify and rid your body of the poisons it's been accumulating all these years-

<<LINK HERE>>

See, most programs of this type just dump a bunch of brochures and supplements on you, and say "Good Luck".

I assure you, that's NOT what I'm about.

My proprietary program is an incredible, scientifically designed and valid Blueprint to feeling better- but for all that, it's NOT complicated, either!

And that's because I am WITH you...Every Step Of The Way.

I Repeat- You Have My Personal Guarantee on that:

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks. <<LINK HERE>>

SUBJECT 5: The First Ten Days: Part 1, {!firstname}...

Hey {!firstname},

George DeJohn here...

My last few messages have dealt with the incredible importance to your health of getting started Right Away on an active Detoxification routine. Have you gotten started?

<<LINK HERE>>

When you begin this powerful, proprietary campaign I have designed for you, a few incredible things begin to happen almost overnight:

Years of poisons that have built up in your body are Eliminated...

Your organs start operating properly as the toxins that are Blocking them *as we speak* are removed...

You will feel an instant surge of energy and vitality...

And much, much more...

But none of these good things will happen for you- not the energy boost, the instant metabolism charge, the great sleep you will enjoy...None of it happens:

Unless YOU take the next step.

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks. <<LINK HERE>>

SUBJECT 6: The First Ten Days: Part 2, {!firstname}...

Hey {!firstname},

George DeJohn here...

My last message showed you just a few of the incredible benefits to your health you will instantly gain by getting on my Powerful 21 day Full-Body DeTox program. Have you gotten started yet?

<<LINK HERE>>

We've talked about just a few of the terrific changes your body will immediately gain, things like:

The total elimination of years of poisonous toxin build-up from your body, sparking your metabolism and causing you to lose weight and feel incredibly vibrant and energetic...

The almost Instant surge of energy and vitality you are about to feel, and the incredibly restful sleep you will enjoy...All this, Plus:

In the first ten days you are also going to see a Drastic reduction in your unhealthy food cravings...

Cravings for sweets...salty foods...the junk that's contributing to your poisoning!

You will also find yourself thinking more clearly, and moving with less difficulty...less aches and pains...even if you have a history of joint trouble.

But like I've been saying: None of these great things will happen for you unless you take action. I will do everything in my power to guide you and help you become all that you want to be...

But YOU have to take the next step.

Take Back Your Body Now.

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks.

PPS - Great health and vitality isn't automatic- YOU have to decide to feel good. That's ALL you have to do. DECIDE. I have done everything else for you. And I Personally Guarantee That: <<LINK HERE>>

SUBJECT 7: The DeJohn Difference, {!firstname}...

Hey {!firstname},

George DeJohn here...

We've been going over the incredible benefits to your health you will instantly gain by getting on my Powerful 21 day Full-Body DeTox program. Have you gotten started yet?

<<LINK HERE>>

I've had a couple of folks e-mail me with questions like:

"What makes your program different from all the other so-called Detox programs out there?"

Boy, am I glad you asked...

Unlike other Over-hyped, "Fad" so-called "cleansers", my program is just THAT:

A Program. It's not a bunch of supplements of dubious quality and effectiveness dumped on you with a few brochures like the others.

It's a Full-Blown, 21 day System of TOP quality supplements and Complete instruction and guidance that has been scientifically designed and extensively tested.

And it Works. Man, does it work...

"The detox was an incredibly positive experience. I found myself energized, sharper, happier, and healthier. My skin felt softer and looked clearer. The most shocking thing though is that I found I was not hungry and my cravings had come to a screeching halt. Oh by the way, the weight loss is incredible too, I lost 18.6 pounds in 21 days, and took 2" off my waist. My clothes feel great, I am happier, and most of all healthier. Everyone owes it to their body to try this program at least once."

- Fred Hammond

That from just one out of hundreds of happy, healthy clients. Would YOU like to feel like that?

Want to see more comments like that?

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks.

PPS - Great health and vitality isn't automatic- YOU have to decide to feel good. That's ALL you have to do. DECIDE. I have done everything else for you. And I Personally Guarantee That: <<LINK HERE>>

SUBJECT 8: Now You're Feeling The Power, {!firstname}...

Hey {!firstname},

George DeJohn here...

We've been going over the incredible benefits to your health you will instantly gain by getting on my Powerful 21 day Full-Body DeTox program. Have you gotten started yet?

<<LINK HERE>>

We've discussed the incredible effects that you are going to see from the first ten days of living my incredible 21 day Detox program, but several of you have asked me:

"What about the NEXT 11 days?"

Now this is where it gets REALLY powerful...

Together with the incredible changes you noticed over the first ten days that will continue to get stronger, you will find yourself with an Insane boost of energy...

Peaceful, Restful Sleep...Aches and Pains that have bothered you for Years will disappear...

And the Pounds Will Begin To Fall Off You like Magic.

"Energy and exercise are up. I haven't gone this long without feeling sluggish or bloated in ten years. I've lost 15 pounds and my wife has lost 8 pounds so far. Thanks for all your help, I definitely feel healthier and fell I can control my cravings and impulses much more."

- Jeff Lukash

That's just another unsolicited comment from one of hundreds of my ecstatic customers.

I would LOVE to hear You say something like that!

Do You Want To Feel The Power Too?

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks.

PPS - Great health and vitality isn't automatic- YOU have to decide to feel good. That's ALL you have to do. DECIDE. I have done everything else for you. And I Personally Guarantee That: <<LINK HERE>>

SUBJECT 9: I'm a bit surprised, {!firstname}...

Hey {!firstname},

George DeJohn here...

We've been going over the incredible benefits to your health you will instantly gain by getting on my Powerful 21 day Full-Body DeTox program, but I notice that you haven't gotten started yet?

<<LINK HERE>>

We've already discussed just a few of the incredible effects that you are going to see by living my incredible 21 day Detox program, so I'm not sure what else I can tell you...

When you start this incredibly powerful Detox regimen, you gain instant benefits to your health and vitality like:

The total elimination of years of poisonous toxin build-up from your body, sparking your metabolism and causing you to lose weight and feel incredibly vibrant and energetic...

The almost Instant surge of energy and vitality you are about to feel, and the incredibly restful sleep you will enjoy...All this, Plus:

You are going to see a Drastic reduction in your unhealthy food cravings...

Cravings for sweets...salty foods...the junk that's contributing to your poisoning!

You will also find yourself thinking more clearly, and moving with less difficulty...less aches and pains...even if you have a history of joint trouble.

I can't really do it justice in a tiny e-mail message...

You need to go have a closer look at this Vital and incredibly effective program for yourself...

Do That Right Now.

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - Every second you wait your body absorbs more harmful, vitality robbing toxins. Make the decision Right Now, Right Here to cleanse your body and stop the poisons in their tracks.

PPS - Great health and vitality isn't automatic- YOU have to decide to feel good. That's ALL you have to do. DECIDE. I have done everything else for you. And I Personally Guarantee That: <<LINK HERE>>

SUBJECT 10: Well, I've done what I can, {!firstname}...

Hey {!firstname},

George DeJohn here...

In going over my records, I see that you haven't gotten on board my powerful 21 day Detox program yet.

I can only assume that the fact that you are being poisoned by your eating habits and environment every single day doesn't bother you?

<<LINK HERE>>

We've already gone over many of the incredibly invigorating benefits that you are going to see by living my incredible 21 day Detox program, so I'm not sure what else I can tell you...

The next step has to be up to YOU.

If you want to Feel Better than you have in years...Sleep better, Eat better...Look Better...

Then you have to act. It's up to YOU to take the next step.

I've spent YEARS designing and testing this incredible program with the help of some of the brightest minds in dietary science...

But YOU have to decide to Feel Good. That I can't do for you. But if you will decide, I guarantee you one thing:

I will be with you every step of the way- and you WILL succeed, or it won't cost you a nickel.

Decide To Feel Good About Yourself.

<<LINK HERE>>

To Your Health and Vitality!

George DeJohn

PS - No more PS's. You either want to feel good and rid yourself of the poisons, or you don't. I hope you make the right decision and allow me to help you.

<<LINK HERE>>

Mail #1

So you've decided to get a dog, {!firstname}?

Hey {!firstname},

Congratulations on becoming a dog owner!

You have joined the ranks of some of the happiest people on earth, and are about to find out that the old maxim about dogs being "Man's Best Friend" is completely true!

But there are a LOT of things you need to be aware of, as well...

Things like:

- * Deciding what kind of dog to get...
- * Choosing a responsible and reputable breeder...
- * Diet and nutrition...
- * Choosing a Veterinarian...
- * Training and nurturing...

The list goes on and on, but don't be concerned-

That's exactly why you have ME!

In the coming days, I am going to share with you loads of hard-learned lessons from my adventures as a dog owner, but if you're the impatient type like me, you can cut to the chase and gain access to hundreds of top dog secrets right here and now:

<<LINK HERE>>

In the incredibly power-packed guide to Dog ownership, SitStayFetch, you will uncover every one of your dog's secrets, things like:

- * Canine growth stages, and how to deal with each. TIP: They can be much like a human two-year old at times ;-)
- * Training secrets, including techniques and commands to use, and when to use the crate method and how...
- * Understanding your dogs body language and communicating with her...
- * How to deal with and FIX destructive behavior like digging...agression...biting and nipping...barking...
- * And dozens more tips- how to deal with doggy no-no's like jumping on furniture, jealousy, 2 dogs in the same house, even bad breath and flatulence!

In SitStayFetch you will gain the power to have complete mastery over your dog, and develop an incredibly rich and beautiful bond between you and your best friend!

You will even discover how to become a master "Dog Whisperer" in your own right- a virtual dog psychologist, if you will.

Listen, I could go on and on. The powerful secrets to training and developing the fullest possible relationship with your dog contained in SitStayFetch are impossible to enumerate fully in one e-mail.

I strongly urge you to see for yourself. Secure a copy of this powerful guide today, and never wonder what your dog is thinking again.

<<LINK HERE>>

To Being Best Friends!

<<SIGNATURE>>

PS - Watch your email closely over the next few weeks, as I will be sending you some powerful information and tips from SitStayFetch that you can put to good use immediately, or like I said- just shortcut the process and get the whole powerful package of dog secrets here and now: <<LINK HERE>>

Mail #2

How's the relationship coming, {!firstname}?

Hey {!firstname},

I just wanted to check in and see how your dog ownership adventure is coming?

Myself, I had a couple of problems crop up between me and my best friend lately...

You see, my Golden Lab puppy has recently developed an urge to chew my shoes when I'm out of the house, and I was at my wits end trying to figure out how to cure this *expensive* annoyance.

Luckily, this behavior and much more is covered in exhaustive detail in my OTHER constant companion, SitStayFetch! <<LINK HERE>>

And here's what I discovered: It's my own darn FAULT.

It seems that the tug-of-war games we've been playing with an old shoe have taught my dog that it's ok to chew shoes.

So the pros from SitStayFetch suggested that I stop this, and further, that I make sure my dog had plenty of her own toys to chew, and further suggested that I treat the old shoe with bitter apple solution that I got from my local pet store.

They also suggest that I make sure she gets plenty of exercise before I leave for the day, and if I'm going to be gone a long time, that I have someone come by and let her out to run a bit, because this destructive behavior is not your dog trying to be mean or anything...

It's usually because they are BORED.

Once I put these suggestions into practice, it wasn't a matter of but a few days, and my dog quit chewing my shoes completely.

Now it's hard to argue with results like that. Personally, I think that trying to raise a dog without the incredibly useful info in SitStayFetch is like trying to walk to the bathroom in the dark.

Yeah, it can be done, but isn't it a whole lot easier and safer to turn on a light?

Turn on the light, and get a fascinating glimpse into your dog's mind with the incredible SitStayFetch!

<<LINK HERE>>

To Being Best Friends!

<<SIGNATURE>>

Mail #3

Do you know what your dog is saying, {!firstname}?

Hey {!firstname},

Were you aware that when your dog's ears are slightly flat to her head and pulled back that she is probably feeling anxious?

And how about when she narrows her eyes, and leaves a lot of the whites showing?

Well, chances are she's afraid or submissive!

These and hundreds of other cool and useful body language tips are covered in detail in the incredible guide to everything dog, SitStayFetch.

<<LINK HERE>>

In SitStayFetch you'll discover:

- * That the "grinning" dog you think looks so happy may actually be exhibiting anxiety...
- * That tail wagging can mean several things depending on how the tail is held- not all of them happy...
- * That rolling over doesn't mean playtime- it means submission...
- * And hundreds more useful and interesting facts about your dog.

I have learned SO much from this incredible guide, I can't even begin to tell you. And the effect it's had on my relationship with my dog has been profound.

No more do I say "I wonder what she's thinking". I usually KNOW.

Your dog is actually talking to you!

Are you listening?

<<LINK HERE>>

To Talking To Your Best Friend!

<<SIGNATURE>>

Mail #4

You are what you eat, {!firstname}?

Hey {!firstname},

The old maxim of "you are what you eat" applies equally to your dog!

That's why there are some great tips in my "doggy bible", SitStayFetch, that cover everything you need to know about canine feeding and nutrition.

<<LINK HERE>>

A lot of people advocate "free-feeding", but the pros at SitStayFetch believe that you should have regular feeding times for your dog, and they suggest that you feed AFTER you feed your family.

Their experience is this: Not only do you get your dog accustomed to a regular, balanced, and healthy eating schedule, but by feeding them after YOU...

You also reinforce the pecking order- you help establish and maintain your dominance over the dog in the pack, which is critical to controlling your dog's behavior, and can head off all SORTS of bad habits, like chewing, aggression, dominance issues, etc.

So by simply making a small change in my dog's feeding routine, I was able to settle my dog down, assert control in a gentle and non-combative way, and also control her weight while still keeping her happy and well fed!

This and hundreds of more bits of incredibly useful doggy wisdom can be had in the powerful SitStayFetch...

Get your copy today, and get on your way to an incredibly rich and rewarding experience with your best pal.

Quit flying blind...

<<LINK HERE>>

To A Healthy And Happy Best Friend!

<<SIGNATURE>>

Mail #5

If you want your dog to listen to you, {!firstname}...

Hey {!firstname},

If you want obedience from your dog, there are a few tips that the pros from SitStayFetch<LINK* say that YOU need to do to make sure that you get your message across...

First thing: BE CONSISTENT.

This is SO critical- your dog is going to get very confused if everyone in the household uses different commands, praise, and scolding to get the same point across-

You need to have a plan, and everyone needs to be following it, or you will just confuse the poor creature.

And how will a confused dog react?

Well, usually the same way as a confused child...

They'll IGNORE YOU.

Second thing: BOND WITH YOUR DOG

Spend as much quality time with your dog as you can. Go for walks, runs, whatever, but do something! The more time you spend with your dog, the deeper the feeling she will have for you, and the greater respect.

These are just a couple of the most important things I've discovered in SitStayFetch that have opened my eyes to a whole new level of love and interaction with my dog...

And I would love for you to discover the incredible richness that your relationship with your best friend could become, if you just knew what she was telling you...

Go and get your copy right now, and discover how to become a "dog whisperer" in your own right.

<<LINK HERE>>

To Being Best Friends!

<<SIGNATURE>>

Mail #6

You don't have to act like a dog, {!firstname}...

Hey {!firstname},

When you're training your dog, you don't have to ACT like one, you know.

See, dogs are smart enough to know that you're a human, and can learn to read your body language very readily, as long as you are consistent.

In the incredible guide to everything dog, SitStayFetch<LINK*, you will discover, as did I, incredibly useful tips and tricks to training your dog like:

* Using Eye Contact- eye contact is critical to getting your point across to your dog, but be careful...eye contact without verbal communication can be seen as aggression by any dog, so never make uninterrupted eye contact with a strange dog!

* Head Turning- When your dog turns her head away from you when your're talking, especially when you are scolding her, she's NOT being "rude", or blowing you off...She's trying to defuse the stress of the situation and send you a signal of "No Threat".

Since discovering these and the hundreds of other tips and tricks in SitStayFetch, I can almost read my dog's mind, and she can practically read MINE too.

I'm sure you can realize the power of this, and the incredibly strong effect it's had on my relationship with my dog.

Why not join us?

<<LINK HERE>>

To Knowing What They Are Thinking...

<<SIGNATURE>>

Mail #7

Your dog needs to be kept amused, {!firstname}...

Hey {!firstname},

I'm sure you've heard the old saying "an idle mind is the devil's workshop", right?

Well, you could substitute "idle paws" and be spot on! Fortunately the experts at SitStayFetch have the solutions all scoped out for us. <<LINK HERE>>

Your dog has a great capacity to get into mischief, especially if you are gone for long periods of time at work or whatever.

That's why the pros advise us to have plenty of doggy toys available for Fido to amuse herself with.

There are TONS of great toys you can get for your dog- some of the best and most recommended by SitStayFetch are:

* Rubber squeaky toys- these can drive you nuts if your dog constantly chews on them while lying next to you, but when you're not around, they offer hours and hours of entertainment for your buddy.

* Special Dog Rope Chews- these will give your dog tons of great chew fun, as well as being great for her dental health!

* Appropriately sized Plush Toys- Dogs LOVE to play and snuggle with these little plush buddies- but make sure you get ones specially made for dogs...they'll hold up a lot better ;-)

Whatever you buy, make sure you always have an adequate supply on hand, and rotate them frequently so your dog stays interested.

This excellent advice is just a tiny portion of the incredibly useful and professional dog training and relationship building skills revealed in SitStayFetch...

Get your own copy today, and get on the way to having the incredible insight into your dog's mind that the rest of us have discovered!

<<LINK HERE>>

To Happy And Healthy Best Friends!

<<SIGNATURE>>

Mail #8

Choose your Vet carefully, {!firstname}...

Hey {!firstname},

When choosing a doctor for your family, you probably take great care to make sure you are getting a pro with excellent skills and a good "bedside manner", right?

Well, choosing a Vet for your dog should be no less important, and should be done with the same level of care!

The experts at SitStayFetch<LINK* say that first off, you should try to take your dog WITH you to an initial visit to a vet.

This allows you to observe first hand the Vet's demeanor and manner with your animal, and you can get a good idea of what kind of care to expect from that.

Other things you should scope out include:

* Check that the Vet has 24 hour emergency care available...

* Make sure that they have the facilities necessary for emergency procedures and surgeries...

* Observe and talk to the staff- What is their general attitude? Are they knowledgeable and friendly?

* Don't be afraid to ask questions relating to your dog's specific breed- the answers can give you a great idea of the Vet's knowledge and education, along with giving you another glimpse of their "bedside manner".

This terrific advice is just the "tip of the iceberg" of the powerful wealth of insight you will discover in SitStayFetch...

Why not get your copy today, and get on the way to making your relationship with your dog as rich and fulfilling as the rest of us have?

Please join us...

<<LINK HERE>>

To A Healthy And Happy Best Friend!

<<SIGNATURE>>

Mail #9

It all starts with the breeder, {!firstname}...

Hey {!firstname},

One of the biggest mistakes people make when choosing a dog is failing to do their homework when looking for a breeder.

Luckily, the experts at SitStayFetch<LINK* have some excellent advice on the subject (as usual :).

Here's their take on the subject...

When choosing a breeder, start at your local kennel club or breed club.

These folks will usually not only be very knowledgeable of the specific traits of your prospective breed, but also have the inside scoop on the most highly regarded and responsible and ethical breeders too.

Once you've narrowed your choices down to a few breeders, make every effort to visit their facility in person! Any legitimate, responsible breeder will be more than happy to show you around, and you will get a LOT of peace of mind by just observing the general order and cleanliness of the kennel.

You should also ask a variety of questions about their operation and processes- reputable breeders will welcome this- indeed, be prepared to answer a few questions of theirs as well! A top breeder has a stake in the welfare of your dog...they usually don't just sell to anyone, they will want to know what kind of home the dog is going to!

Another thing you should check out (if at all possible) is the parents of your prospective pup. You can get a lot of insight into your pups future character by observing the sire and dam in person.

If the parents exhibit excessive nervousness or aggression, think twice- these traits are not impossible to train out of a dog, but just think how much better it would be to start without these tendencies?

These great tips are just a fraction of the incredible advice contained in SitStayFetch. It is impossible for me to do more than just scratch the surface in these e-mails.

I urge you to secure your copy today, and get the inside scoop on your dog's health and well-being like I have.

Your dog is your best friend, right?

Return the favor.

<<LINK HERE>>

To A Healthy And Happy Best Friend!

<<SIGNATURE>>

Mail #10

Have you gotten your copy of SitStayFetch, {!firstname}?

Hey {!firstname},

Over the past few weeks I have been giving you some terrific tips and advice about raising and training your dog.

But I can only go so far in an e-mail, and there is SO much more you need to see...

<<LINK HERE>>

In the incredible SitStayFetch you will discover powerful information like:

- * Selecting a responsible and ethical Breeder that knows your breed...
- * Feeding and socializing your dog- even the toys to buy her...
- * Training techniques including hand signals and commands used by top pro trainers, and re-training strategies for problem behavior...
- * Tips on choosing a competent and responsible Vet...
- * "Dog whispering" techniques revealed- this is like magic, and is explained in great detail...

* And hundreds more...

In fact, at 186 pages of powerful information, this is the "dog bible" as far as I am concerned.

I personally wouldn't make a move concerning my best friend without consulting it.

And neither should YOU.

Get your copy today, and discover how to become your dog's best friend in return!

<<LINK HERE>>

To Being Best Friends!

<<SIGNATURE>>

Mail 2

Subject: Freelance Profits- Your Skills are Valuable,
{!firstname}

Hey {!firstname},

I want to congratulate you on your bold decision to register with us at The Freelance Work Exchange. You are taking a huge first step in changing your life for the better.

And I mean Way Better!

Imagine getting up when you want. Working when you want. From wherever you want. Heard this before? Maybe from some "Guru"? Well I'm NOT a "Guru".

I'm a professional, and so are you. In a hurry? Just Do It.

You see the trouble with doing business online today is "overload". Most web business owners are absolutely crushed by the weight of the small tasks they must perform daily just to keep their sites and businesses alive and growing.

You can earn a VERY good living by leveraging the skills you already possess into a lucrative business of your own by providing relief to these people with the chores they face. Be it Copywriting, Programming, Web Design, or Graphics, whatever your skill, people will pay, and pay Dearly for your talents.

By becoming a Professional member of The Freelance Work Exchange you will have immediate access to Thousands of projects up for bid, with new ones added daily!

Here's what one of our Professional Providers had to say:

"I took a chance one day when I was flush and sent a few bucks to gain access to Freelance Work Exchange. Since then I've edited a sales letter, a follow-up letter, an 11 page website, and a brochure. I'm on call to do pinch-hit proofreading for a medical newsletter editor in Florida, and I've landed a gig editing a new Canadian magazine coming out this fall. All this from taking a chance on Freelance Work Exchange."

Karyn Martyn

And the price? \$2.95 to get immediate access to thousands of jobs like:

- Copywriting, Editing, and Proofreading
- Medical Transcription
- Home based business opportunities
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There is no commitment required: you bid ONLY on the work that you want to. Cancel anytime you want to. Work whenever you want to. You've got nothing to lose, and a LOT to gain, so join today to:

- Find all the Freelance work you'll ever need.
- Maximize your earnings and schedule.
- Take control of your Life back!

The Freelance Work Exchange

To Your Success!

P.s. New jobs are posted daily so don't delay! The sooner you get going, the sooner you start earning real money and change your life forever.

P.p.s. Please accept this free report, "how to find freelance work" with our compliments.

P.p.p.s- Get a Free copy of "Million Dollar Freelancing, worth \$100 when you Join Today!

Whoops, I almost forgot! What about YOU- do you need a little help with your business? Post a freelance job of your own today, and get the work done tomorrow.

<<SUBJECT1>> Does it help to whisper, {!firstname_fix}?

You're receiving this email because you registered for more information about becoming an incredibly effective horse trainer...

You'll be surprised at just how easy that really is, but there are some very important rules to follow...

<<LINK HERE>>

So, {!firstname_fix}, Just what IS a horse?

Among the animals of equal or greater strength, the horse is the most useful to man because of its superior nervous development, by which it has almost perfect control of its muscles and bones.

This perfect control gives instant response to any outside stimulus, for example: if you strike a horse with a whip you get immediate action of some kind.

It is because of this highly developed nervous organization that the horse has displaced so largely all other beasts of burden among civilized people.

But here's a common problem...

The horse is often given credit for more intelligence than he deserves. Many would even place him on a level of reason with the man. If you have such a notion I want you to get it out of your head at once.

Now don't get me wrong...Horses aren't Stupid, but...

THE HORSE CANNOT REASON. I make this statement, not merely as a theory, but as a fact based upon more than twenty years of close observation and contact with many thousands of horses.

In this respect there is a vast gulf between man and horse- a gulf that no horse will ever cross. You need to understand this and take it into account if you want to be effective in training your animal!

Since the horse cannot talk and does not understand what you say, you will have to make your wants known to him in the first place through the sense of touch. Later this method of communication will be merged into that of voice and motions. As for instance, a touch of the whip will mean at first "Go on"; later a motion of the whip will have the same effect, and at last the word "Get-up" will mean the same thing.

When you talk to the horse through the sense of touch, take into consideration the nervous organization. To some horses a sharp stroke of the whip may be very cruel, because of the extreme sensitiveness of their nerves, or being thin skinned as many term it, when to another horse the same stroke would only attract attention.

Watch your horse closely so that you may know and act accordingly. You cannot train a horse and put only half your attention to your work. Be alert and keen, ready to take advantage of any sign of submission or wilfulness.

Want to know more? You can unlock the secrets to training any horse -- you just need to take that first step today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT2>> Contain your Colt, {!firstname_fix}...

Hey {!firstname_fix},

The other day I shared some basics about my training philosophies and some first steps to understanding your horse.

Today I want to get into your first lesson with your colt- one of the most important lessons you will give your young animal!

First, It's critical that you contain the colt in an area that's manageable. If you don't have a small enough corral, you will need to construct something. This can be done easily and cheaply...

Turn the colt loose in an enclosure, about twenty-five feet square without any harness whatever on it. A good portable enclosure is made as follows: Build eight panels of fence, each twelve feet long and from five and a half to six feet high. Use poplar or any light timber except for the uprights. These should be 2 x 2 pine timber, without knots and straight grained. Five boards to each panel is sufficient.

These eight panels can be joined together with "pin hinges" so they can be put together and taken apart easily. When ready to make the enclosure, simply fasten these panels together, then form them into a square, two panels to each of the four sides and this will make a pen twenty-four feet square.

Drive stakes at each of the four corners and fasten the corners to these stakes with ropes. The stakes will permit the fence to give if the colt runs against it; however, it will not break, but will spring back into position again.

I used an enclosure like this for years while on the road and never had a horse tear one down.

After he has gone around the enclosure two or three times, you should walk directly towards the corner, giving him an opportunity to turn his left side towards you. If he rushes by you, strike him around the hind legs with the whip and keep him moving until he is again ready to stop.

You then approach him quietly. If he turns his heels toward you, either to kick or run away, strike him sharply around the hind legs.

You will find that colts of different temperaments respond quite differently to the action of the whip.

Some are very sluggish and slow, and it requires quite a sharp stroke of the whip to "waken them up," while others, just a mere crack of the whip is all that is necessary to make them give you their undivided attention.

To finish this lesson, and discover hundreds more valuable tips and techniques to training even the most recalcitrant horse, you must grab your copy of Train Wild Horses today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT3>> {!firstname_fix} -- do you know why horses kick?

Hey {!firstname_fix},

We've been talking about training horses recently, and I think you're probably figuring out by now that there is quite a bit to know if you want to become REALLY good at this...

But that's why I'm here! And today I want to cover a common problem: Why Your Horse Kicks.

All horses will kick when threatened- It's the primary means of defense given them by nature. That's not really the issue here...what we are talking about are horses that have the tendency to kick with hardly ANY provocation...

Because it has this disposition is no reason for classing it as an outlaw and thinking it cannot be handled. Its natural tendencies will only require more patient and persevering effort to make it as obedient as those in any other type.

See, most horses do not kick on account of a bad disposition, but because their owners were ignorant and REALLY TAUGHT them to kick by poor management in colt training.

If the horse kicks when the hold-back strap breaks and leaves the cross-piece of the shafts strike the hind quarters, it is only an indication that he was not properly educated when a colt.

Kicking because the line gets under the tail is another indication of poor training when a colt.

Would you like to know HOW to avoid these mistakes in training...and correct them if they are already present in YOUR horse?

You can -- once you have the inside secrets of Training Wild Horses in your own arsenal. Grab your copy, available by instant download here:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT4>> Is your horse shy, {!firstname_fix}?

Hey {!firstname_fix},

Today I want to discuss another fairly common problem trait shown by some horses: Shying or running away.

If the horse has been properly trained when a colt, he will never develop the habit of shying. This habit, like most others, is acquired by improper handling at some time.

In nine cases out of ten your horse has been taught to shy on the road by the improper use of the whip. Types No. 2 or No. 4 seldom develop this habit. It is more often found in type No. 3 or a horse with this type predominating.

For more on classifying your horse, see volume one of Training Wild Horses:
<<LINK HERE>>

I have always claimed that the trainer instills this trait in the animal by getting away from the true principles of horsemanship first. In all probability, he is driving a high-spirited colt of type No, 3, and he comes to a stone, stump or some other object that it is inclined to frighten at.

The colt, obeying a natural instinct, pauses in his gait in an effort to understand the meaning of this unusual object, or he may notice the object just as he gets even with it.

In either case, the driver, instead of giving the colt an opportunity to examine the object, pulls out the whip and forces the colt past the object, and in many cases, whips him for five minutes afterwards, in an effort to convince him of the foolishness of frightening at a stone or stump.

He has now laid the foundation for a shy, and one or two repetitions of this kind will put him in possession of a confirmed shy, one that will rush to the side of the road, or whirl and upset the rig, or possibly, in its fright run off and break things to pieces.

See, a horse can think of only one thing at a time, and while his mind is on the object, and the driver applies the whip, it is the object that inflicts the pain, and NOT the whip.

If the horse could reason from cause to effect he would understand that the whip, and NOT the object, was responsible for the pain and when passing the same spot at another time, would know that if he paid no attention to the object he would not be hurt.

But, as I've said repeatedly: This reasoning process is impossible for the horse to perform, and for that reason, any time he sees the object, or one similar to it, he is reminded of the former experience, and the result is that he shies worse than ever.

To find out how to avoid making mistakes in training like this (and hundreds more), simply grab your copy of the phenomenal Train Wild Horses today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT5>> A horse that's easy to shoe is TAUGHT that, {!firstname_fix}!

Hey {!firstname_fix},

The reason there are so many horses are bad to shoe is because of carelessness and neglect in the proper handling of them when young.

Many people think that if they take their colt to the farrier and have it shod, it would assist them in training it, and it is a very common thing for the owner to think: "We want to break him next week anyway, and it will make him gentle to have the blacksmith shoe him."

In the first place the colts feet should be handled before it ever goes into the blacksmith's shop, or the farrier touches the feet.

It is an easier and simpler matter to handle the colt's feet after he has been poled and taught the lessons given in Book #1 of Train Wild Horses. <<LINK HERE>>

Put a halter on the colt and take it out into a lot or onto the barn floor, or any place that his attention is not attracted elsewhere. Have your assistant hold the colt by the halter strap with his right hand, standing directly in front of it.

Step to the colts left shoulder and push against it with your shoulder as you stoop down to pick up the left front foot and the foot will come up almost of its own accord. Hold the foot up for a moment and then let it down carefully, holding to it until the foot rests on the ground.

Next, walk back rubbing your hand over the back and down the left hind leg, and by pressing in against the hip raise the hind foot carefully. Hold it for a moment as you did the front one and then let it down.

Now walk forward again and approach the right shoulder and raise the right front foot, as you did on the left side. Now go again to the foot you started with and work it in the different positions for shoeing.

Go only so fast as the colt can understand. If he does not fully understand what you want, and resists, do not attempt to hold the foot by "bull strength and awkwardness,"

For more information on training a horse to be shod and other inside secrets to being a world class trainer, then you need to grab your copy of Train Wild Horses right now:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT6>> When your horse won't take a bridle, {!firstname_fix}...

Hey {!firstname_fix},

You may or may not know this, but some horses have an intense dislike for the bridle, and sometimes a bit of trickery is required to get them to submit to one- and train this bad habit out of them too....

If your horse is not too vicious, you should go into the stall with him. Find out where he is sensitive. If he doesn't want to be touched about the ears, work down about the nose first; as his fear stops, work up about the ears.

Touch them very gently at first and, as soon as he will stand it, stroke them faster and a little more carelessly; then lay your right arm over his neck and press down slowly until his nose is nearly to the ground, all the time keeping his attention with your left hand by stroking his nose and forehead.

Should the horse be extremely bad, take him out of the stable, catch hold of the tail with your left hand, and the halter with your right, and whirl him around eight or ten times.

This will make him so dizzy that he will stand perfectly quiet!

After you are able to put on the bridle without force, repeat several times, holding his attention by giving him a little corn. He should be bridled very carefully for a few times.

Bridling a colt is a bit different...Do not attempt to bridle the colt until you have given it the Confidence Lesson.

Take the bridle, which has neither rein nor hitching strap in the right hand, and start away from the colt's left shoulder.

As the colt approaches you, reach out the bridle and say, "Take Bit." Make it easy for the colt to take the bit the first few times; remove the bit, and as soon as it moves its head toward the bridle, caress it, or reward it, by giving it a little oats, apple or something it likes.

After it reaches out a time or two and takes the bit, stop working with it for that day.

The next day, take it to the same spot and continue the treatment until it will come to you at command, "Come Here," and then at the command, "Take Bit," it will obey.

Those and many, many more incredibly valuable tips are revealed for you in the incredible Train Wild Horses course. If you're ready to become a World Class Trainer, then you MUST grab this for yourself today, as in right NOW:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT7>> Teach your horse some cool tricks, {!firstname_fix}!

Hey {!firstname_fix},

One of the coolest things you can teach your horse, and a great way to develop an incredibly deep bond with your animal is by teaching them a few easy tricks.

The most essential thing necessary for the trainer to possess, in teaching tricks, is an unlimited amount of patience or self-control.

You cannot teach your horse a trick in a single hour or even in a single day; but only by persistent efforts on your part. You must repeat one time after another until the trick becomes a habit.

In fact, the teaching of tricks is merely the forming of unusual habits.

But here's a warning: Never try to teach a horse tricks until he thoroughly understands the "Confidence Lesson" from book 1 of Train Wild Horses! <<LINK HERE>>

Give the first lessons in an enclosure and at the same spot each time, as the horse will grasp your idea much quicker. When he will perform his trick perfectly at this place, then take him to other places.

Types No. 2 and No. 4 are not suitable for a horse to be taught tricks as they are inclined to be willful, stubborn or treacherous and ill natured. A combination of types No. 1 and No. 3 makes the best trick horse.

No. 1 gives you docility, kindness and tractability, while type No. 3 adds the nerve and ambitious temperament, which enables you to exhibit a horse with nerve and fire, and still he is obedient to your commands.

Always remember that the horse cannot reason from cause to effect and can only grasp your meaning by having an action associated with the command, and a lesson must be repeated until firmly fixed.

Never attempt to teach a horse but one thing at a time, and have this point taught PERFECTLY before beginning another.

If you're ready to become an unbeatable training force, and discover some of the incredibly cool tricks you can teach YOUR horse, then...

Grab your copy of the powerful Train Wild Horses Course today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT8>> {!firstname_fix}, what about the really fearful ones?

Hey {!firstname_fix},

So far in this series we've talked a lot about training fairly gentle and reasonable animals- but eventually you're going to come up against a real timid and scared horse...

One special fear that many horses develop is fear of the automobile, and there's some simple ways to break them of this...

With a great many horses it is only necessary to make the proper approach and their habit is overcome, because with them, it is simply a case of not understanding.

Engage someone to use an automobile according to your directions. The first time you meet the machine be sure that you have plenty of room so you can get at least twenty feet away from it.

As you see it approaching, drive well out to the side of the road, take a firm grip on your lines, pull the whip out of the socket and prepare to force the horse toward the car.

Signal the driver of the car to slow down, and as the machine draws near, drive your horse directly toward it, approaching it from an angle.

Time your approach so that just as you get even with the machine the horse will be facing it and going almost straight across the road.

Use your voice: keep saying, "Take care sir," over and over again. Just as the machine gets even with you, say "Whoa" and immediately give an action with the lines.

Have the driver go very slowly by the time you get even with him and have him stop. Allow your horse to reach out and touch the machine.

After allowing the horse to stand quietly for a moment, give an intimation with the lines, by first pulling the line NEAREST the machine, then the one on the opposite side, saying "Get Up" at the same time, and the horse will move quietly forward.

This is but a TINY sample of the potent training secrets to breaking your horse of all sorts of fears and habits...

That you can discover immediately by grabbing your copy of the incredible Train Wild Horses Course today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT9>> But how do you CHOOSE a horse, {!firstname_fix}?

Hey {!firstname_fix},

We've been talking at length about some pretty powerful horse training secrets to be found in the incredible guide "Train Wild Horses".

Have you gotten your copy yet? <<LINK HERE>>

Since we started this series, I've been asked the same question several times, so I thought I'd answer that now...

"How Do I Choose A Horse In The First Place?"

Now that's an excellent question, and there are several criteria to go by...

But the best guide to selecting a horse, and the one I use myself, was written...Are you ready for this?

Over 2000 YEARS ago!

First: Decide what you WANT out of your horse- is it to be a show animal? A pleasure rider? Dressage? Hunt? A Working Horse? What are you going to ask the animal to BE?

Then, I refer to the treatise "On Horsemanship", written by an ancient Greek around 400 B.C. or so!

And by adhering to these ancient principles...I have NEVER been wrong about an animal when selecting.

We've just scratched the surface of the powerful techniques to training that are available to you.

To get all of the insider methods that most trainers will NEVER share with you, along with a translated copy of "On Horsemanship" for your own reference, then you need to grab your copy of Train Wild Horses today:

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT10>> Did you Train Wild Horses yet {!firstname_fix}?

Hey {!firstname_fix},

I'm writing to ask you a VERY important question.

Have you picked up your copy of the incredible guide Train Wild Horses yet?

<<LINK HERE>>

Over the past couple of weeks I have been giving you some insider insight to a small fraction of what you will discover in this powerful course.

The truth is that if you want to become a World Class horse trainer, then you need the powerful secrets in this guide.

You see, the creator of this program, Prof J.S. Carrol, the Great Texas Trainer, is sharing information... coveted secrets of master horse trainers that NOBODY else will share with you.

The bottom line here is this:

If you wish to keep on doing the same old things...having the same failures and bad habits crop up in your animals, then don't grab Train Wild Horses.

BUT -- if you wish to cut through the BS and finally discover the secrets to sensationally effective horse training techniques, along with wisdom passed down from the ANCIENTS, then you NEED to grab this for yourself today -- not tomorrow -- today.

<<LINK HERE>>

<<SIGNATURE>>

5-part email series for event #1
19-May-2008

Email #1

Subject: [First Name], your exclusive invitation...

Hi [First Name],

Will you join us in Baja?

The stunning Baja Norte coastline... the same stretch of beach that the new K55 luxury beach villas are being built on... is home to one of the best surf breaks on the planet...

And that's why the Professional Longboard Surfing Association picked K55 as the location for their annual longboard competition!

Soon, people from all over the world will be gathering in on this breathtaking coastline for the K55 Professional Longboard Surfing Event 2008...

And we'd like YOU to be our VIP guest!

www.K55VIP.com

A FREE 35-minute shuttle ride to and from the border, you'll watch this world-class, all day surfing event from the comfort of our VIP tent - where you'll be pampered with food and drinks by our on-site VIP hosts.

Next, we'll give you a private tour of the K55 development at the same location...

Followed by a sunset reception where you'll get all of your questions answered about the possibility of owning one of the luxurious condos being developed inside an intimate, gated community at K55.

But this event is approaching quickly...

Saturday, May 31st, 2008 to be exact!

For the complete details on this private tour - along with how to register your spot now before they're all spoken for - we highly recommend you click here now:

www.K55VIP.com

Paradise awaits...

[Signature]

PS - Bring your passport!

Just a reminder to please make sure you pack proper ID... you'll need it when we shuttle you across the border on our way to the K55 Professional Longboard Surfing Event 2008!

For the complete details, click here now:

www.K55VIP.com

Email #2

Subject: Grab the surf wax, [First Name]...

Hi [First Name],

Have you had a chance to check your calendar to see if you're able to join us in Baja yet?

We're talking about the upcoming K55 Professional Longboard Surfing Event 2008... and K55 private VIP tour...

And it's taking place on Saturday, May 31st, 2008!

The clock is TICKING [First Name] --

This exciting event is just around the corner...

And we want you there as our VIP guest!

www.K55VIP.com

People from all around the globe are flying in to attend this incredible annual surfing event taking place at one of the most stunning coastlines in the world - the K55 break.

Hop aboard our complimentary shuttle and join us for a day of action-packed surfing, food, drinks, and fun in the sun inside our exclusive VIP beach reception tent...

Our treat!

And afterwards, our VIP hosts will take you by golf cart on a private tour of the stunning K55 property on the same shoreline... followed by a luxurious sunset reception... so you can get a sense of what owning at K55 will be like!

This very special event is reserved exclusively for you and other "first movers" who add their names to our VIP Tour List...

And space is extremely LIMITED.

So if you'd like to join us at K55 as our special guest, click on the link below to get the complete details on this exciting one-time event and reserve your spot now:

www.K55VIP.com

We look forward to seeing you in paradise!

[Signature]

PS - Park at the Hilton Hotel in downtown San Diego, and our VIP hosts will meet you there.

Then, kick back and relax as our private VIP shuttle takes you South across the border for a full day of world-class surfing, food, drinks, and beachside fun...

Or, if you'd like to make your own way by car, we're happy to supply you with directions to the site and your own private pass to this exclusive event - your choice!

But please... don't wait to reserve your spot, as space is LIMITED! Click here now:

www.K55VIP.com

Email #3

Subject: Don't forget your passport, [First Name]...

Hi [First Name],

We just wanted to remind you that as of the beginning of the year, you need to have a valid passport - or, alternatively, a driver's license and birth certificate - to get across the Mexican border...

Why the reminder?

Simple --

We don't want anything to stop you from joining us at the upcoming K55 Professional Longboard Surfing Event 2008... and K55 private VIP tour!

www.K55VIP.com

Called one of the best "breaks" in the world, the K55 stretch of pristine coastline in Baja Norte was closed to the public for many years...

But now, the Professional Longboard Surfing Association has announced its annual longboard surfing competition will be taking place at K55 on May 31st, 2008!

The Professional Longboard Surfing Association anticipates this event will be one of the most exciting surfing events in 2008...

And it's the perfect opportunity for YOU to attend as our FREE guest...

And get a VIP tour of the stunning K55 boutique development of luxury beachfront condominiums at the same time!

Be our guest, and our complimentary shuttle will take you from San Diego to K55 - where our VIP hosts will wait on you hand and foot, bringing you food and drinks as you enjoy the surf competition from our private beach reception tent...

Afterwards, we'll take you on a golf cart tour of the K55 site, so you can see this unique boutique development of just 80 exclusive beach homes with your own eyes!

But time is running out...

To reserve your space at this exciting, FREE event, click here now:

www.K55VIP.com

See you in Baja Norte!

[Signature]

PS - The K55 surf festival starts on May 31st, 2008... which is rapidly approaching!

So don't delay - we strongly urge you to secure your FREE spot at this once-in-a-lifetime, exciting event today:

www.K55VIP.com

Email #4

Subject: [First Name], the event of the year...

Hey [First Name],

I noticed you haven't claimed your spot as our FREE guest at the upcoming K55 Professional Longboard Surfing Event 2008... and K55 private VIP tour...

I don't want you to miss this sensational opportunity to attend this once-in-a-lifetime event as our complimentary guest...

So here's that link to register your space once again:

www.K55VIP.com

Remember, not only are we going to have a BLAST watching pro surfers from all over the world compete on the awesome, world-class waves at K55, but...

Food and drinks will be served the whole day during the surfing contest from inside the shade of our private reception tent...

And you and our other VIP guests will be taken on a private "golf cart tour" of the K55 development - so you can see this exotic enclave of 80 luxurious beach villas up close and personal!

This is going to be THE Gala event of the season, and you don't want to miss it...

But spaces are extremely limited, and registration is required, so don't delay another second...

Click here now to register!

www.K55VIP.com

To living well...

[Signature]

PS - Don't forget! Make sure your passport is in order...

For more information on our FREE shuttle service, as well as the complete registration details on this unique event, click here now:

www.K55VIP.com

Email #5

Subject: Surf's Up, [First Name]!

Hey [First Name],

The day of our gala private surf event is almost at hand, but I noticed that you hadn't registered yet...

I urge you not to wait a moment longer to claim your spot in this free, fun filled day of surfing competition, food, drinks, and a stunning sunset reception!

www.K55VIP.com

Remember, we will be meeting at the San Diego Hilton, and taking a shuttle down, so you can leave the driving to us...or if you like, we'll give you your VIP pass and you can drive down and meet us, whichever you'd like!

No matter how you get there...I sincerely hope you GET there! I can't WAIT to meet you, and share this VERY special event with you.

Please make sure you have your passport or Driver's License and Birth Certificate in order- we've posted all the info you will need to make this special day hassle free on our Blog - -

Just click below for all the details, and get registered while there's still time!

www.K55VIP.com

We'll see you on the Beach!

[Signature]

PS - You are coming, right [FirstName]? I would hate to see you miss out on this incredible opportunity to see these stunning beachfront homes in person...

PPS - And have a blast with us at the same time! Please won't you come and be our guest? Register now, and we'll see you in Paradise! www.K55VIP.com

<<SUBJECT1>> What's the goal of your marriage, {!firstname}...

Hey {!firstname},

If you're like me then you've read all the statistics about how many new marriages end in divorce, and seen people living together instead of marrying, saying: "but marriage will change the relationship!".

You've probably wondered if it's even POSSIBLE to have a successful marriage anymore.

I believe it is. And I found an incredible resource for us that proves that with a bit of communication and planning, it's even easier than you think...

<<LINK HERE>>

If your marriage is a top priority...if you really want to learn how to make it work, then you need this powerful guide.

Given from both a man's AND a women's perspective, you'll discover:

- * How to set goals together and individually that will strengthen and enrich your marriage...
- * Why life is NOT a "movie" and "perfection" is a dangerous illusion...
- * How to resist unhealthy expectations while still maintaining healthy standards...
- * How to avoid the top 7 mistakes that couples make when trying to repair their marriage...

And hundreds more- an incredibly rich set of tools for your marriage that no couple should be without- even if you aren't married yet!

Think of it as a preventive maintenance manual for your pending or future partnership...

Your marriage deserves at LEAST as much care as you give your car, right ;-)

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT2>> The Top 7 Mistakes To Avoid, {!firstname}...

Hey {!firstname},

When most people start having trouble in their marriage, the immediate reaction is to Fix It Fast.

The incredible Save My Marriage guide from Amy and Andrew explains in detail why THAT is mistake #1, and should be avoided like the plague...

<<LINK HERE>>

See, quick fixes are almost NEVER good fixes, and unravel just as quickly as they were made.

You need the tools necessary to apply a lasting repair- and they are all available in the exceptional guide to your relationship Save My Marriage.

In SMM you'll discover powerful advice and steps to take in your marriage, things like:

- * How to set realistic, healthy goals and expectations...
- * How to combat conflicts, and negotiate resolutions to problems between yourselves without going to war...
- * How your marriage is like a "bank"...
- * And hundreds more tips, tricks, and exercises that will put your relationship and marriage on a solid, stable footing for success and love.

From dealing with workplace issues, to coping with kids and grief, it's all laid out for you in simple, compassionate terms- a power-packed "User's Guide" for your marriage.

But it won't work for you if you don't take the next step, and actually get it and READ it...

Do That Now. It won't fix itself, you know...

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT3>> My best friend killed my marriage, {!firstname}...

Hey {!firstname},

My best friend didn't really kill my marriage, but you know what? I've seen it happen to others...

That's when a well meaning friend of either yourself or your spouse gets involved in a marital dispute and then takes sides.

In Save My Marriage, the powerful guide to repairing and enriching your partnership, Amy and Andrew show you how to guard against and ward off this unpleasant "When Marriage Means Three" phenomenon...

<<LINK HERE>>

In this powerful guide you'll discover:

- * Why you need to place your loyalty to each other FIRST...

* How to deal with kids from a previous relationship trying to sabotage the new one between you and your spouse...

* Why having a child in the hopes that it will "bring us closer together" may backfire on you horribly...

* And hundreds of other clear and relevant strategies for having the richest and most powerful marriage possible!

This incredible guide is PACKED with wisdom, and will set you firmly on a path to peace and comfort in your relationships, but only if you...

Take Action.

It's up to YOU to take the next step.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT4>> {!firstname}, my dad always said...

Hey {!firstname},

One of the ways we are programmed to deal with our marriages is through the examples we were raised with by our parents...

For example, if your dad always told you to "stop crying, keep a stiff upper lip...", then you may have trouble expressing emotions to your spouse.

Overcoming this harmful "programming" and using the good lessons we learned as children to their fullest are exhaustively covered in the incredibly powerful guide, Save My Marriage...

<<LINK HERE>>

In Save My Marriage you will unearth powerful, hidden secrets to living and loving that you will never find out on your own, things like:

* Why looking closely at your in-laws will tell you more about your spouse than he or she EVER could themselves...

* Why if your partner refuses to get involved in parenting they may just be replaying an old "tape" that was programmed into them by a parent, and how to overcome this...

* Why issues such as these are often very complex, and when it's time to seek professional help, and how to find an effective counselor...

* And dozens of other helpful, relevant topics that will give you the power to pull back the curtain on your marriage and gain REAL insight into your issues without getting bogged down.

But you can't fix anything unless you get started.

It's entirely up to YOU to take action to better your life and relationship, and the best way to do that Right Now is by securing your copy of Save My Marriage.

Do that now.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT5>> Friends That Support, {!firstname}...

...Friends That Sabotage!

Hey {!firstname},

There are three kinds of friends that are involved in your marriage (or should be...):

His friends, Her friends, and Their friends.

Friends are a crucial outlet for your marriage! Good friends will listen when you have troubles in your relationship...Provide valuable feedback...and provide much needed perspective.

They will also be able to tell you the hard things about your own behavior that you would never listen to from your spouse.

But what do you do when a "friend" tries to sabotage your marriage?

<<LINK HERE>>

In Save My Marriage you'll discover what to do about this unpleasant phenomenon and stop it in it's tracks.

See, sometimes a well-meaning friend will believe that someone is "all wrong" for someone else, and will go out of their way to sabotage the relationship.

This is a very dangerous position to take, and should be avoided at all costs.

See, at the end of the day, a marriage is a private matter between you and your spouse. While advice and a "shoulder" is always nice, active involvement is rarely welcome or appreciated by any of the parties!

Save My Marriage offers wise counsel and effective strategies on dealing with these types of well-meaning friends without ruining your relationships with them.

These powerful strategies for living in marriage are not to be ignored- but you can't benefit from them unless you read and act on them.

I urge you to do that today!

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT6>> The Clock Is Ticking, {!firstname}...

Hey {!firstname},

I have been telling you about a powerful guide to repairing and living peacefully in marriage called Save My Marriage.

Have you had a chance to check it out?

<<LINK HERE>>

If I were you, I wouldn't wait another second!

See, if you are having troubles in your marriage, one thing is absolutely certain...

These problems will NOT just "go away", no matter how hard you wish them to...

No, you are actually going to have to Take Action (sorry).

And the best first step you can take is by downloading and reading Save My Marriage cover to cover!

In Save My Marriage you'll find simple yet powerful strategies for dealing with hundreds of issues that confront us all every day in our marriages, things like:

- * Setting and attaining realistic goals...
- * How to avoid the "perfection" trap...
- * How to effectively communicate with each other...
- * Conflict and dispute resolution...
- * How to deal with issues of trust and fidelity...
- * Strategies for dealing with addictions and other destructive behavior...
- * And hundreds more great, real-world examples and tools to help you actively work on and strengthen your marriage.

In fact, I believe this incredible guide should be required reading for anyone even THINKING of getting married, it's that relevant and powerful.

But it's not too late if you're already having troubles in your marriage...

But don't wait too long, either. The problems will NOT fix themselves.

Get your copy of Save My Marriage, and gain the power to DO something about them.

Get Going.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT7>> You're Not Alone, {!firstname}...

Hey {!firstname},

When you start having problems in your marriage, depending on what's going on, you may feel alone and humiliated.

Trust me- you're NOT alone.

But there is a powerful way to combat those feelings- by taking action!

<<LINK HERE>>

In the explosive guide Save My Marriage, you will discover tools and strategies for taking control of you life and marriage...

This wisdom-packed guide to living and loving in marriage will allow you to unearth powerful keys to peace and tranquility in marriage, things like:

- * Dealing with money in marriage...
- * Dealing with friends- supporters or sabotegers...
- * Dealing with children- your own, or from a prior relationship...
- * Dealing with "past partner" syndrome...
- * And dozens and dozens of other incredibly useful and relevant topics!

This explosive guide is a "User's Manual" for your marriage, but it's only as effective as YOU allow it to be...

Take Action to better your marriage and your life.

Do It Today.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT8>> Have You Read SMM Yet, {!firstname}?...

Hey {!firstname},

Have you gotten your copy of the incredible Save My Marriage yet?

What? You say you haven't gotten around to it yet?

Kiddo, time is NOT on your side here. If you are facing issues in your marriage, the time to act is Right Now.

<<LINK HERE>>

There are a lot of things you can do, and actions you can take to save your marriage, but...

It's not going to save itself.

Luckily for us it's not that hard either!

When you have the powerful secrets contained in Save My Marriage, you will be invigorated again- even intoxicated with power.

The Power to discover and fix what's wrong...

The power to communicate effectively with your spouse...

The Power to deal with your children...

The Power to see what's wrong with your OWN behavior and fix it...

The Power to erase the old "programming" you've had imprinted over the years...

And hundreds of other incredible living and loving strategies to make your marriage a true partnership, and gain you incredible peace and tranquility.

Are you ready for that?

Then get going. Take the step to power up your marriage and put it back on the track to the end game you promised each other when you said "I DO".

DO it.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT9>> Not another minute, {!firstname}...

Hey {!firstname},

I was reviewing my records, and I see that you haven't gotten your copy of <<LINK>>Save My Marriage<<END LINK>> yet.

I certainly hope you took action to deal with the problems that were confronting your relationship!

Remember, the powerful secrets to living and loving that are contained in Save My Marriage won't do a darn thing for you unless...

You Take Action and actually implement them!

If you are ready to discover how to:

- * Evaluate your marriage and pinpoint problem areas...
- * Set healthy and reachable goals...
- * Resist unhealthy expectations while still maintaining high standards...
- * Deal with serious issues from money to child raising...
- * And hundreds of other life and love lessons guaranteed to repair and supercharge your marriage partnership if put into action...

There's not another minute to waste.

Secure your copy Right Now, and get on your way to a healthier and more fulfilling relationship with your spouse!

Take Action Today.

<<LINK HERE>>

<<SIGNATURE>>

<<SUBJECT10>> Wish you had your "old" life back, {!firstname}?...

Hey {!firstname},

One of the worst mistakes you can make when you start having troubles in your marriage is in wishing that you "had your old life back".

See, no matter HOW hard you dream about that, it's NEVER going to happen.

You can't go back. You're a different person today.

And the worst thing you can do is hide your head in the sand and wish for something unreal like this.

But you also need the tools to avoid common mental traps like this that will tempt you when you're dealing with painful marriage issues.

<<LINK HERE>>

You have to decide. Are you going to stick your head in the sand and hope the problems go away? I assure you, they WON'T.

Or will you fight for your marriage?

I urge you to fight. Don't trash your life if there's any chance at all of fixing what's wrong.

We'll show you how.

Save My Marriage is a road-map to your marriage and relationship.

But you have to decide to take action.

Do It Today.

Discover what hundreds of other now-happy couples already know, and get some peace.

You're NOT alone!

<<LINK HERE>>

<<SIGNATURE>>